

## 31 Days of Prayer for Your Yong-Adult Children

Can I just say, I am so thankful for you. I may not know you personally, but I feel a certain kinship with you given that we are journeying through this stage of life together. I pray that Unnesting.com is a blessing and an encouragement to you as face the heartaches and joys inherent with walking children into adulthood.

A few things about these 31 Days of Prayer for Your Young-Adult Children:

1. There are 4 weeks of prayers. The first and third weeks use she/her, while the second and fourth weeks use he/him. Adjust the pronouns as needed to match the child you are praying for.
2. Print the 9 pages on cardstock.
3. Cut out the cards, drawing on them each day as you pray for the young adults in your life.
4. You can use the back of each prayer card to write a customized prayer for the young-adult(s) in your life.
5. Feel free tie them up and give them as a gift.



May you be richly blessed as you pray for the young-adults in your life. May you see God work in mighty ways as you faithfully lift up to Him the children He's entrusted to you.



# DAY 1

Father, You are  
forgiving & good,  
abounding in love to  
all who call on You.  
Encourage \_\_\_\_ to  
cry out to You in her  
day of trouble for I  
know You will hear her  
prayer & answer her.

Psalm 86:5-7

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# DAY 2

Father, my prayer is  
not that You take  
\_\_\_\_ out of the  
world, but that You  
protect her from evil.  
Sanctify her by the  
work of Your spirit, by  
Your word of truth, for  
obedience to Jesus.

1 Peter 1:2, John 17:15-17

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# DAY 3

Father, do not let  
\_\_\_\_ put out Your  
spirit's fire or treat  
Your truth with  
contempt. Encourage  
her to test everything,  
to hold onto the good  
& avoid every kind of  
evil.

1 Thessalonians 5:19

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# DAY 4

Father, God of Peace,  
sanctify \_\_\_\_ through  
& through. May her  
whole spirit, soul, &  
body be kept blameless  
at the coming of our  
Lord Jesus Christ.

1 Thessalonians 5:23

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# DAY 5

Father, thank you for \_\_\_\_\_. Let her work be produced by faith, her labor prompted by love, & her endurance by hope in our Lord Jesus Christ.

1 Thessalonians 1:2-3



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# DAY 6

Father, let not \_\_\_\_\_ have a sinful, unbelieving heart that turns away from You, the Living God. Bring her into fellowship with believers who encourage her to hold firm to the end the confidence she professed as a child.

Hebrews 3:12-24



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# DAY 7

Father, lead \_\_\_\_\_ down a new path, guide her along an unfamiliar way. Turn the darkness into light before her & make the rough places smooth. May she fix her eyes on Jesus.

Hebrews 3:12-24





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## DAY 8

Father, \_\_\_\_ was included in Christ when he heard Your word of truth, the gospel of Your salvation. Having believed, he was marked in Him with Your seal of redemption. Remind him that he belongs to You.

Ephesians 1:13-14



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## DAY 9

Glorious Father, the God of our Lord Jesus Christ, I am asking You to give \_\_\_\_ the spirit of wisdom and revelation that he may know You better. Open the eyes of his heart that he may be enlightened, knowing the hope to which You have called him.

Ephesians 1:17-18



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## DAY 10

Father, Give \_\_\_\_ the gift of a saving faith in Jesus. May he know this as Your grace because of Your great love for him. May he praise You, the richness of Your mercy, in Christ even when he was dead in his sin.

Ephesians 2:4-9



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## DAY 11

Father, direct \_\_\_\_ in the path of Your commands, for it is there he will find delight. Turn his heart toward Your statutes & away from selfish gain. Turn his eyes away from worthless things & preserve his life according to your word.

Psalms 119:35-39



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## DAY 12

Father, let your unfailing love come to \_\_\_\_\_, O LORD, Your salvation according to Your promise. Encourage him to trust in Your word, that he will have an answer for anyone who taunts him. Never take Your word of truth from his mouth.

Psalm 119:41-43



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## DAY 13

Father, encourage \_\_\_\_\_ to seek out Your precepts, that he may live his life in freedom. May he speak of Your truths before others & not be put to shame. May he love and delight in Your commands.

Psalm 119:45-47



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## DAY 14

O LORD, You made ears that hear & eyes that see. Lay your hands on \_\_\_\_\_ again; open his eyes, restore his sight that he may see everything clearly. Fill him with Your peace and joy that he may abound in hope.

Proverbs 20:12,  
Mark 8:25, Romans 15:13





## DAY 15

Father, let \_\_\_\_ choose the way of truth; set her heart on Your laws. May she hold fast to your statutes, O LORD. Set her heart free that she may run in the path of Your commands.

Psalms 119:30-32

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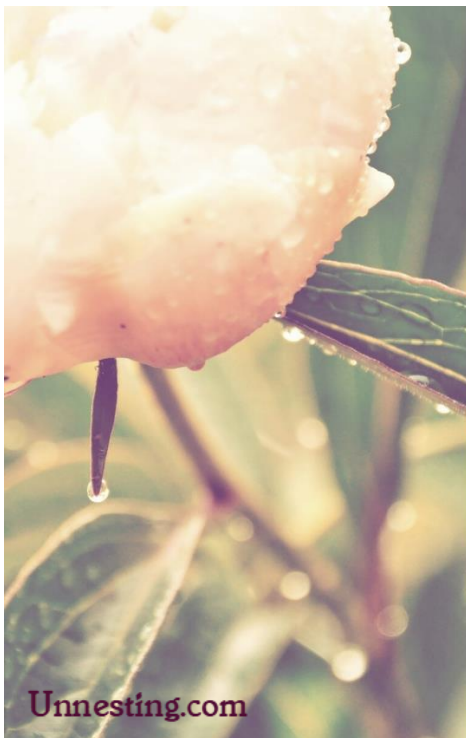


## DAY 16

Father, let \_\_\_\_ not forsake my teaching or fail to listen to her father's instructions. Give her strength to resist sinners. When she stumbles, cleanse her from acts that lead to death & remind her that she is a servant of the Living God.

Proverbs 1:8-16,  
Hebrews 9:14

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## DAY 17

Father, we planted the seed of Truth, our faith community watered it, but You alone make it grow. Establish that seed, make it grow into a mighty tree bearing fruit, refreshing others, & providing her with the strength to stand firm, without fear.

1 Cor 3:6-7, Mt 13:31-32,  
Jeremiah 17:7-8,

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## DAY 18

Father, remind \_\_\_\_ of her identity, that she is Your masterpiece created in Christ Jesus. Reveal to her the good works You have prepared for her to do. May she glorify You and complete with joy all the good works You call her to.

Ephesians 2:10, John 17:4

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## DAY 19

Father, fill \_\_\_\_ with the knowledge of Your will through all the wisdom and understanding Your Spirit gives, so that she may live a life worthy of You, pleasing you in every way; bearing fruit in every good work and growing in the knowledge of Your truth.

Colossians 1:9-12

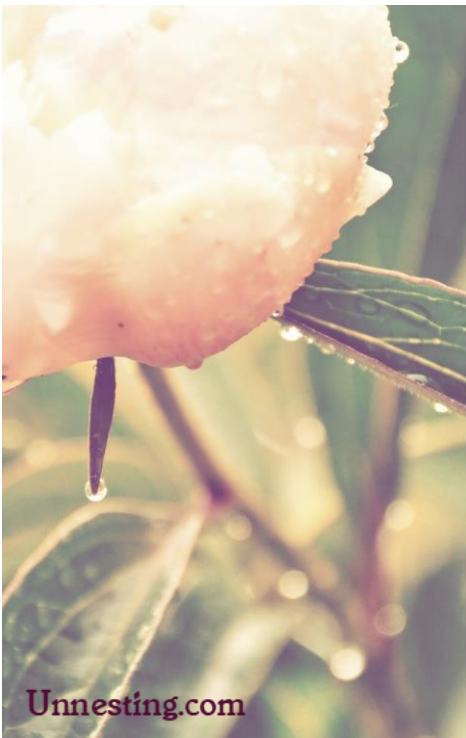


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## DAY 20

Father, this is my prayer: that \_\_\_\_'s love for you may abound more & more in knowledge & depth of insight, so that she is able to discern what is best and may be pure and blameless in the day of Christ.

Philippians 1:9-10



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## DAY 21

Father, let \_\_\_\_ hold unswervingly to the hope she professed as a child. Encourage her to examine the scriptures everyday that she may know truth & not be deceived. Your word is living & active, by its power separate the truth from any lies in her heart and mind.

Hebrews 4:12 & 10:23,  
Acts 17:11



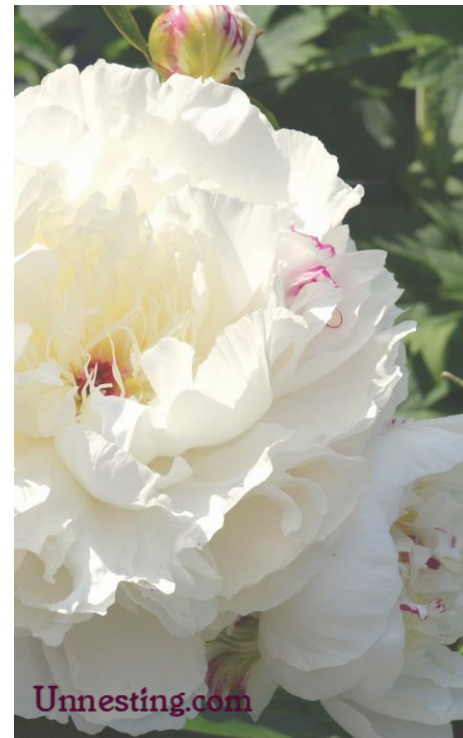


## DAY 22

Father, put Your law in \_\_\_\_\_'s mind, write it on his heart. Be his God and make him Your son. Forgive his wickedness and remember his sin no more.

Jeremiah 31:33-34

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## DAY 23

Father, call \_\_\_\_\_ out of the darkness into Your wonderful light that he may show others Your goodness. May his identity rest secure in the knowledge that he belongs to You. Let his confidence come from knowing You chose him & love him dearly.

1 Peter 2:9

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## DAY 24

Father, let \_\_\_\_\_ not be misled or corrupted by bad company. Instead, bring him friends of good character. Let my son and these friends be devoted to one another. May they confess sin to & pray for one another, carrying each others burdens.

1 Cor 15:33, Col 3:16,  
James 5:16, Galatians 6:2,  
Romans 12:10

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## DAY 25

Father, bless \_\_\_\_\_ and let him not walk in step with the wicked or stand in the way of sinners or sit in the company of mockers. Instead, cause him to delight in Your law and meditate on it day and night.

Psalms 1:1-2

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## DAY 26

Father, let no corrupt talk come out of \_\_\_\_'s mouth. Let his words be pleasant like a honeycomb, sweet to the soul and healing to the bones.

Ephesians 4:9  
Proverbs 16:24



## DAY 27

Father, bless \_\_\_\_ with friends who do not stir up conflict and who do not gossip. Giver him trustworthy friends who do not betray his confidence. And may he be that kind of friend to others.

Proverbs 11:13 & 16:28



## DAY 28

Father, cause \_\_\_\_ to be tormented within & her heart disturbed whenever he is rebellious. Turn his heart back to You that he may walk in freedom. Let him reflect Your glory & be ever increasingly transformed into your likeness as You complete the good work You began in him.

Lam 1:20, 2 Cor 3:16-18,  
Philippians 1:6



## DAY 29

Father, encourage \_\_\_\_ to take refuge in You and be glad; let him sing for joy. Spread Your protection over him, that he may love Your Name and rejoice.

Psalms 5:11



# DAY 30

Jesus, You are a merciful  
& faithful high priest  
who suffered when You  
were tempted. Help \_\_\_\_  
when he is tempted. Do  
not let him be tempted  
beyond what he can bear.  
When he is tempted  
provide him a way out so  
that he can stand firm  
under it.

Hebrews 2:17-18  
1 Cor 10:13



# DAY 31

O God, renew a steadfast  
spirit in \_\_\_\_\_. Fix his  
thoughts on Jesus that he  
may live as one who is  
free, not using his  
freedom as a coverup for  
evil, but living as Your  
servant.

Psalm 51:10, Hebrews  
3:1, 1 Peter 2:16